



Dear Community,

You can now explore nature and the wonderful world of insects with [Bug Out at the Library!](#) Our goal is to make unique and memorable experiences more accessible and to promote appreciation and curiosity for all living things. Visit any of our [13 community libraries](#) to discover our live insect displays featuring tarantulas, praying mantises, roly polies and ant colonies.

Whether you dream of becoming an entomologist or are fascinated with creatures that creep and crawl, let San Mateo County Libraries be your go-to place this summer for positive bug-filled experiences!

Join us for [bug-themed storytimes](#) and other exciting [animal and insect programs](#) as we launch our new displays. We'll read books about bugs, sing songs and more.

We can't wait for you to Bug Out at the Library and create unique and memorable experiences.

[Discover More](#)



### [Bike to Your Library Weekend](#)

Get ready to ride out to your nearest [San Mateo County Libraries location](#) during our annual [Bike to Your Library Weekend](#) celebration throughout May. This year, we've partnered with local organizations to offer fun and educational experiences for all. Plus, attendees of our [Bike to Your Library events](#) can receive bicycle swag on a first come, first served basis. So, pump up your tires, grab a snack and join us for a weekend of biking and learning at San Mateo County Libraries!

[Explore Now](#)



### [Meet Author Joanna Ho](#)

Join us for a virtual conversation with [Joanna Ho](#), author of the inspiring young adult book [The Silence That Binds Us](#), on [Wednesday, May 10 at 7:00 PM](#). We'll delve into an in-depth discussion about mental health, the power of using your own voice, and the real stories behind the book. Registration is required to attend.

[Register Now](#)



### [Asian American Pacific Islander Heritage Month Celebrations](#)

Celebrate [Asian Pacific Islander Heritage Month](#) at San Mateo County Libraries! We're excited to partner with local [Bay Area artists, musicians and storytellers](#) who will share diverse AAPI stories, artwork, cultures and heritage.

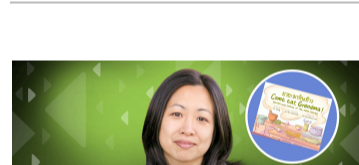
[Celebrate Now](#)



### [Mental Health Awareness Month](#)

May is [Mental Health](#) Awareness Month. We are joining the [County of San Mateo](#) to promote this year's [#Share4MH](#) theme, which aims to foster community sharing of mental health and well-being strategies. We're also hosting events that encourage [Writing Toward Creative Calm](#). Join us for ["Relax Into Writing"](#) led by local author Jenny Bitner and ["Creative Journaling"](#) led by life coach Nicole Member, which will provide opportunities to explore thoughts and emotions through writing.

[Read More](#)



### [Cook-Along With VC Tang, Author of \*Come Eat, Grandma!\*](#)

Mark your calendars for an unforgettable author talk and virtual cook-along with VC Tang, the brilliant author of the Thai cookbook/memoir [Come Eat, Grandma!](#) On [Thursday, May 18 at 6:00 PM](#), we are thrilled to present this event where Tang will demonstrate how to prepare the tangy and fragrant Tom Yum Soup, one of her all-time favorite recipes from the book. Register now to secure your spot.

[Register Now](#)

# Explore More

Explore, learn and connect at our [library programs!](#) You might also be interested in...

#### [The ABC's of Feelings | El ABC de los sentimientos](#)

**Saturday, May 6 • 3:00 PM • [Half Moon Bay Library](#)**

Join us for a presentation by the [Child Mind Institute](#) where parents will learn how to help kids learn the "ABC's" of feelings, also known as "the language of feelings."

Únase a nosotros para una presentación del Child Mind Institute donde los padres aprenderán cómo ayudar a los niños a conocer el ABC de los sentimientos, también conocido como "el lenguaje de los sentimientos".

#### [Robots Are Invading the Library!](#)

**Sunday, May 7 • 2:00 PM • [Belmont Library](#)**

During the workshop, you will learn some basics of building and programming robots and the obstacles and challenges you may face. Registration is required.

#### [VetsConnect](#)

**Monday, May 8 • 10:00 AM • [Half Moon Bay Library](#)**

VA Mobile Clinic Resources, Benefits and Medical Services. Staff can provide medical care, referrals, consultations and assist navigating the VA system. No appointment needed.

#### [Nutrition & Intuitive Eating for Youth](#)

**Wednesday, May 17 • 2:30 PM • [Brisbane Library](#)**

Learn about intuitive eating and nutrition for youth and families with [Beyond Measure Wellness Collaborative's Registered Dietitians](#). This multidisciplinary team of psychologists and registered dietitians hopes to empower you to take excellent care of yourself. Registration is required.

#### [Bicycle Stunts Exhibit With the BMX Freestyle Team](#)

**Tuesday, May 16 • 5:30 PM • [North Fair Oaks Library](#)**

To celebrate Bike to Your Library Weekend we have partnered with the [BMX Freestyle Team](#) to offer an exhibition of flatland ground bicycle stunts! Come and join us for this fun and unique opportunity to learn more about bicycle stunt riding. This event will last roughly 30 minutes and will include some amazing top-notch riding, bike tricks and positive messages during the performance.

#### [Berry Bonanza](#)

**Thursday, May 18 • 4:00 PM**

Join the [Master Food Preservers of San Mateo and San Francisco Counties](#) for a virtual workshop that will touch on dehydration, freezing and both delicious freezer and shelf-stable berry preserves. Registration is required.

[Explore All Events](#)

Make sure to [follow our blogs](#) for updates on new events, resources and services.



Stay connected with our family of libraries!

## San Mateo County Libraries

ATHERTON | BELMONT | BRISBANE | EAST PALO ALTO | FOSTER CITY | HALF MOON BAY | MILLBRAE | NORTH FAIR OAKS  
PACIFICA SANCHEZ | PACIFICA SHARP PARK | PORTOLA VALLEY | SAN CARLOS | WOODSIDE | BOOKMOBILE

Open for Exploration™

[smcl.org](#)

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If you are not already subscribed to our weekly eNewsletter or would like to browse past issues, visit our [eNewsletter page](#).