Dear Community,

We hope this message finds you well. We are excited to share some upcoming events and resources that you might find interesting. Please check out our libraries for updates on new events, checkouts from plsinfo.org, and more.

**Communities in Crisis Conference**

- **Date:** June 24-25
- **Time:** 9 AM to 5 PM
- **Location:** San Mateo County Event Center

This conference is for community members, businesses, and civic leaders who want to understand and address the root causes of violence in our communities. The conference includes workshops, panel discussions, and keynote speakers.

**Ancient Asia Art Talk - Honoring the Dead: Afterlife Beliefs and Funerary Practices in Ancient Asia**

- **Date:** Wednesday, May 25
- **Time:** 7:00 PM

Explore the afterlife state reflected in these rituals, whether it is that the honored person passes into another life, to a paradise existence, or to union with the universe. Come explore this fascinating topic with us!

**Equity Through Art: Black Indigenous Youth of Color: Experiences in San Mateo County and Aspirations for the Future**

- **Date:** Wednesday, May 25
- **Time:** 6:30 PM

This webinar panel is geared for youth and families to orient youth and families to mental health resources in their community. It aims to help remove stigma when talking about anxiety and other mental health conditions and perspectives. A Q&A panel from the combined personal stories from teenagers suffering from anxiety with expert presentations is also a part of this event.

**Be Sensitive, Be Brave for Mental Health**

- **Date:** June 4
- **Time:** 12:00 PM

This is an ongoing program that prepares community members to help friends and loved ones during times of distress. Learn how to recognize mental health conditions, what to do when someone needs support, and how to use tools to maintain good mental health.

**Film Screening & Panel: The Lives We Leave Behind**

- **Date:** June 4
- **Time:** 7:00 PM

This film screening combines personal stories from teenagers suffering from anxiety with expert presentations. It is aimed at orienting youth and families to mental health resources in their community. It aims to help remove stigma when talking about anxiety and other mental health conditions and perspectives.

**Be Sensitive, Be Brave for Mental Health**

- **Date:** June 26
- **Time:** 12:00 PM

This is an ongoing program that prepares community members to help friends and loved ones during times of distress. Learn how to recognize mental health conditions, what to do when someone needs support, and how to use tools to maintain good mental health.

**Bike to Your Library**

Join us for a Bike to Your Library weekend starting this month! Grab your helmet, fill up your water bottle, hop on your bike, and check out right from your location during our Bike to Your Library weekend.

**Community Picks**

- **Date:** June 22

Find a book that speaks to you or your family. San Mateo County Libraries is expanding our library programs and check-out right from your location during our Bike to Your Library weekend. We've got a full lineup of fun, engaging, entertaining and educational programs and offerings for children, teens and adults to keep the learning fun going all year long. We've got a full lineup of fun, engaging, entertaining and educational programs and offerings for children, teens and adults to keep the learning fun going all year long. We've got a full lineup of fun, engaging, entertaining and educational programs and offerings for children, teens and adults to keep the learning fun going all year long. We've got a full lineup of fun, engaging, entertaining and educational programs and offerings for children, teens and adults to keep the learning fun going all year long.

**San Mateo County Libraries**

Stay connected with our family of libraries! Check out our Instagram (Smcl.org) for updates on new events, checkouts from plsinfo.org, and more. You can unsubscribe if you prefer not to receive future emails. You will still be able to access your library account and checkouts from plsinfo.org.

We hope you find these resources useful. Please let us know if you have any questions or concerns. Thank you for being a part of our community.

Sincerely,

[Your Name]