### Young Adult Novelist Convention

Saturday, January 28, 2017
1:00 p.m. to 5 p.m.
Millbrae Library
1 Library Ave
Millbrae, Ca 94030

Panel discussions, breakout sessions, author hangouts, book signings, and more!

RSVP Here:

http://tinyurl.com/yanovcon.



#### **About Mental Illness**

# Did you know that 1 in 5 teens and young adults lives with a mental health condition?

If you think you may have a mental health condition, it's important that you know and recognize the ten common warning signs. You may read about these on NAMI's page, Getting the Right Start:

http://tiny.cc/10warningsigns.

If you see these signs in yourself, reach out to someone you trust, whether that's a parent, friend, librarian, coach or religious leader. It can be hard to know what to say, but start with something like, "I'm not feeling right. I think I need help. Can I talk to you about it?" They will be able to help connect you with services and supports.

-From NAMI, Getting the Right Start

If you need help, or just want to talk to someone confidentially, you can call the StarVista Crisis Hotline at (650) 579-0350 anytime day or night.

You can also text "START" to 741741 to get free, confidential 24/7 emotional support and information for people in any emotional crisis from the Crisis Text Line.



# THEME: Mental Health Awareness

Write a short story that helps readers empathize with a character who has a **mental illness**.

Consider focusing on and researching about one mental illness. What is your understanding of that mental illness? Stories can be realistic fiction, sci-fi, fantasy, mystery, dystopian, etc.

Contest opento teens in6-12th grades.



### **Short story guidelines:**

- -Submit your own original work
- -500 words or less
- -One story per person

#### **Submit stories to:**

http://tiny.cc/yanovcontest

## **Timeline**

First day to submit stories:

Saturday, December 10, 2016

Last day to submit stories:

Tuesday, January 17, 2017

By entering your story, you give us permission to display or publish your story online, in print publications, or in San Mateo County Libraries or in Peninsula Library System Locations

# Prizes 1st Place

Lunch & feedback from a YA author, book bundle & a writer's journal

#### 2nd Place

Book bundle & a writing journal

#### **3rd Place**

A writing journal

All winners will have the opportunity to do an online writing workshop with YA novelist, Jessica Brody. The winners may also read their stories at YANovCon.

# **Winners**

Will be announced at YANovCon on January 28, 2017

